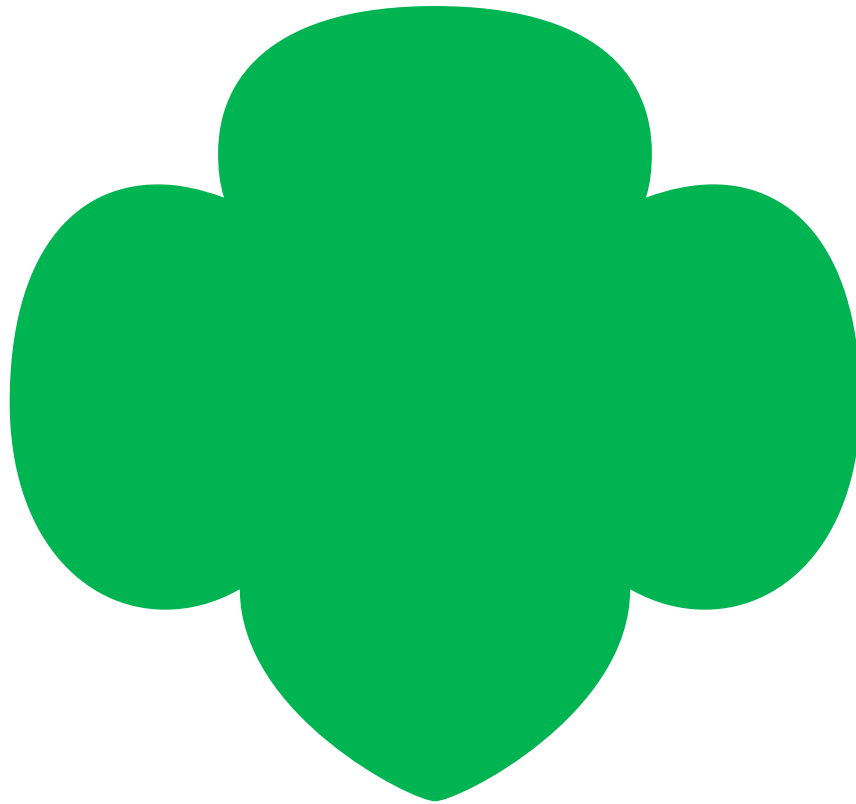


Girl Scout Cookie Boss Reward Camp AT CAMP SUGAR PINE

2024 Camp Packet



girl scouts 
of central california
south

Serving girls in Fresno, Madera, Kern, Kings, and Tulare Counties

Toll Free: 1 (800) 490-8653
www.girlscoutsccs.org

GSCCS Headquarters - Fresno
1377 West Shaw Ave.
Fresno, CA 93711

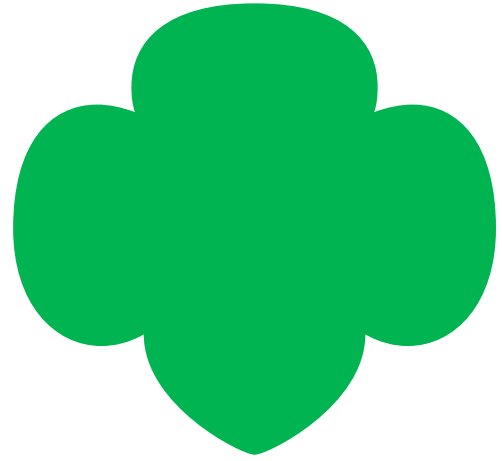
Girl Scouts Innovation Center
2160 Mars Court
Bakersfield, CA 93308








Camper Forms Checklist

Use the following checklist to submit required forms online. Ensure all online and PDF forms are completed and returned to GSCCS.

**All forms are due no later than
Friday, July 12, 2024.**



-  Online: Guardian Permission
-  Online: Camper Expectations
-  Online: Health History
-  PDF Packet: Camp Sugar Pine Waiver and Release
-  PDF Packet: Packing List

***Please contact us at
customercare@girlscoutscs.org
or (800) 490-8653
with any questions.***

**Return forms to:
customercare@girlscoutscs.org**

Camp Sugar Pine Waiver

Sponsor: Camp Sugar Pine
48478 Mill Canyon Road
Oakhurst, CA 93644
559-683-4938

This waiver includes all activities on Camp Sugar Pine property including but not limited to: pool and pond aquatics, canoeing, challenge courses (low and high), zip line, climbing structures, paintball, archery, bb guns, organized games and events, camp visitation and overnight stays.

Qualifications for participation in some activities are listed below:

Challenge Course: 6th grade, 250 pound weight limit
Zip Line: 4th grade, 250 pound weight limit
Archery Tag: 4th grade (recommended) and up
Archery: 3rd grade (younger ok with parent supervision)
BB Guns: 3rd grade (younger ok with parent supervision)
Pool: Can swim or must have proper life-saving equipment on with a lifeguard or other qualified individual present at all times
Canoes: Proper life-saving equipment is used at all times

I acknowledge that participation in the activity or activities described above involves risk to the participants listed below (and to the participant's parents or guardians, if the participant is a minor), and may result in various types of injury including, but not limited to, the following: sickness, exposure to infectious/communicable disease, bodily injury, death, emotional injury, personal injury, property damage, and financial damage. In consideration for the opportunity to participate in the activity described above (the "activity or activities"), the participant (or parent/guardian if the participant is a minor) acknowledges and accepts the risks of injury associated with participation in and transportation to and from the activity.

The participant (or parent/guardian) accepts personal financial responsibility for any injury or other loss sustained during the activity or during transportation to and from the activity, as well as for any medical treatment rendered to the participant that is authorized by the sponsor or its agents, employees, volunteers, or any other representatives (collectively referred to as the "activity sponsor"). Further, the participant (or parent/guardian) releases and promises to indemnify, defend, and hold harmless the activity sponsor, their employees, trustees, officers, agents, insurers, successors, volunteers and board members for any injury arising directly or indirectly out of the described activity or transportation to and from the activity, whether such injury arises out of the negligence of the activity sponsor, the participant, or otherwise.

If a dispute over this agreement or any claim for damages arises, the participant (or parent/guardian) agrees to resolve the matter through a mutually acceptable alternative dispute resolution process in Madera County. If the participant (or parent/guardian) and the activity sponsor cannot agree upon such a process, the dispute will be submitted to a three-

Camp Sugar Pine Waiver

member arbitration panel for resolution in accordance with the rules of the American Arbitration Association.

Camp Sugar Pine also reserves the right to include pictures, videos, or other likenesses of all guests for Sugar Pine for promotional purposes.

By signing this waiver, I agree to and will not hold Camp Sugar Pine liable for any of the activities and articles within this document for each of the participants below:

Participant Name	Age	Signature of Participant if over age 17*

Name of Emergency Contact _____ Phone _____

List all allergies or medical conditions by Participant

Is the camp approved to provide medical treatment? Yes No
Is the participant covered by medical insurance? Yes No

Name of insurer _____ Policy/Group # _____

Name of Parent/Guardian _____

Address _____

Phone _____

Signature of Parent/Guardian

Date

****Each adult must sign the waiver where provided above.***

3 Day Camp

Camp Personal Equipment List

Clothing list is for a 3 day camp.

Camp elevation is at 4,500 feet, so nights can be in the 30's while days are in the 80's.

Clothing

- _____ 3-4 pairs of cotton pants, i.e. jeans or khakis
- _____ 3-4 pairs of shorts (preferably cotton)
- _____ 3-4 cotton t-shirts ("No tank tops or sleeveless tops will be allowed at camp.")
- _____ 3-4 sets of underwear
- _____ 3-4 pairs of socks (cotton or wool)
- _____ Shower shoes
- _____ 1 warm jacket with hood (or warm cap) or several sweaters to layer
- _____ 1 brimmed hat for sunshade
- _____ 3-4 sets of warm pajamas or sweat shirt & pants
- _____ 1-2 plastic bags for dirty clothes
- _____ 1 swim suit and a set of light weight over-clothes

Note: Clothing must be worn over the top of the swim suit (a t-shirt and shorts are appropriate). Please send your daughter with light weight shorts that will dry quickly for this activity. Even though we are going to be in the water, sandals are not allowed for this event due to rocks and sharp objects potentially in the water.

Items with a (*) are required

Personal Items

- _____ Ponytail holder(s) if hair is long
- _____ *Toothbrush and toothpaste
- _____ Soap (best if biodegradable)
- _____ Shampoo/conditioner
- _____ *Towel & washcloth
- _____ *Comb or brush
- _____ Deodorant (non-aerosol)
- _____ Kleenex
- _____ Chapstick
- _____ Insect repellent
- _____ Sunscreen
- _____ Flashlight or headlight
- _____ Bandana
- _____ Sit upon (optional)
- _____ Sanitary Maxi Pads
- _____ *Medication/s (if applicable)

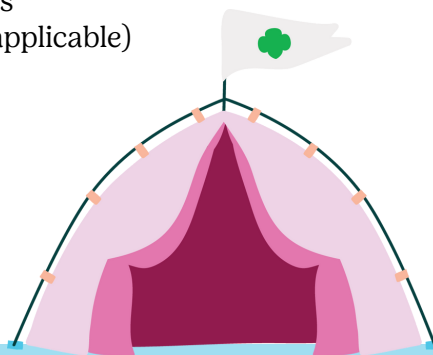
Sleeping Items

- _____ *Warm sleeping bag and blanket
(not a slumber bag)
- _____ Pillow (optional)
- _____ Small stuffed animal (optional)

Note: A mattress and/or bed will be available for all campers.

Other Items

- _____ Glasses case for night storage
- _____ *Refillable water bottle
- _____ Camera (optional)
- _____ Book, notebook, or drawing pad (optional)



Packing Tips

We suggest durable and inexpensive clothing--used items are better than new, especially when it comes to shoes.

We suggest that families pack luggage in a plastic tote or large duffel bag. It can be helpful to campers to pack complete outfits in Ziploc bags within their luggage. We suggest avoiding packing in small bags as it is easier to miss luggage on outgoing days.

- Please mark everything you pack with your camper's first and last name.
- It is helpful if the camper packs their own gear--that way, they'll know what they have brought to camp and will have some experience in packing for the trip home.
- All luggage must be clearly tagged with the camper's name, address, and phone number.
- Use only luggage that can be securely fastened and do not pack your computer's gear in a trash bag, as it can easily be confused for trash!
- Pack sets of clothing by rolling them or placing in plastic bags to ensure they stay clean & dry and to make it easier to get dressed.
- Place clean underwear and socks with pajamas to be worn overnight and the next day. Fresh underwear and socks should be worn each evening for the next day. This will ensure the girls sleep warmer at night.
- Remember the layered look is the proper camp style for warmth and to accommodate weather changes.
- Any medications must be given to the camp nurse with full-detailed written instructions concerning their use and how they should be administered.*
- Camp Sugar Pine is at 4,500 feet so remember nights can be cold (32 degrees) and days can be warm (85 degrees).
- Shoes and socks must be worn by everyone – including adults. No sandals! Shoes must have enclosed toes and heels. Tank tops or sleeveless shirts are not allowed at anytime.

Additional Camp Sugar Pine Guidelines

- No candy, gum, or snack. Food in camper's sleeping area attracts animals, so please do not send snacks with your Girl Scout.
- No knives or weapons.
- It is recommended that girls do not bring cell phones and/or personal devices (i.e. iPads, iPods, MP3 players, eReaders, etc.). She may bring a camera (disposable or digital) to take pictures. Please note if your camper brings a digital camera, she is solely responsible for this belonging. Please send with her name on it.
- Sandals (except for shower use).
- Pets/live animals.

Lost and Found

Girl Scouts of Central California is not responsible for loss, theft or damage to personal belongings, money, or items left at camp. Please write your camper's full name and phone number on everything of importance—if it's left behind, we'll make every effort to contact you by phone or email. Lost and found items will be kept until September 1st. Any item not claimed by September 1st will be donated.

Instructions for Packing Medications

Pack medication containers in a plastic zip bag with the camper's name printed in permanent ink on the bag. All medications, vitamins, and supplements must be in original containers with the doctor's name, dosage, and any instructions clearly stated. The Camp Nurse will keep all medications, vitamins, ointments, etc. in the nurse's office during camp. Inhalers, Epi Pens, and other necessary items will be kept with each camper as determined by the nurse and the information on the Health History Form.

**We will have a supply of commonly used over-the-counter medications, so it is not necessary to send these to camp. If you have a question about specific medicine, please contact us.*